

Technical Report

Name of the Organization	<i>Public Association "Resource Center for the Elderly"</i>
Type (progress/final)	<i>Progress</i>
Date of submission	<i>August, 26th</i>
Period covered	<i>June 3 - December 15</i>
Submitted by [Name and Position]	<i>Bashtovenko Svetlana</i>
Project Title	<i>Strengthening Civil Society Participation in the COVID-19 Response at National and Local Levels</i>
PO number	
Overall Budget	\$ 51,647

1. Project Implementation Overview

1.1 Executive summary of the Project (no more than 1 page)

What did the Project achieve during the reporting period? Please, describe your achievements, which should be in line with Project goal and objectives.

The project was implemented in accordance with the planned activities. 2 kick-off meetings were held with the Project staff and involved participants from the regions. At these meetings, the following were outcomes developed:

General Project Workplan and individual Workplans of staff.

Core key Project results for the reporting period:

- Emergency needs assessment was carried out, which resulted in the Report "Impact of Coronavirus and its implications on the livelihoods of 350 elderly people in the Kyrgyz Republic", with assessment-based conclusions and recommendations. (Annex 1)
- 12 Memorandums were concluded, including 1 memorandum with the Ministry of Health and Social Development, 4 with territorial health care institutions and 7 with local government bodies.
- 5 online meetings of the Health Club were held, with participation of members of the international Agenet International network, members of SHGs, SCCs, Council of Paramedics, aimed at continuous learning and best practices exchange for COVID-19 emergency response:
 - June. Presentation "Live and Move on the Bright Side" was made by Akhmetzhanova Bayan (Astana), Director of "Ardager" NGO and Agenet International network member.
 - July. Presentation "Supporting health and physical activity of the elderly: experience of the "University of the Golden Age" (Grodno, Belarus). The speaker of the meeting was Lana Rudnik, Director of the private institution "Center for Continuing Education for Adults" Studio of Useful Competencies", Co-founder and Director of the "University of the Golden Age" program.
 - September. Presentation "Dementia: Early diagnosis, prevention, care. Improving quality of social services for people with Dementia". Speaker was Amankanova Salima (Red Crescent Kyrgyzstan), partner, member of the AgeNet International Network.

- October. Presentation “Post-Covid Syndrome. How Coronavirus affects mental health.” Speaker: Galina Tsepkovskaya, SHG Coordinator, representative of ADRA Kyrgyzstan, Psychiatrist.
 - November. Presentation “Stress Prevention”. Speaker: Amerkhanova Saniya, Practicing psychologist, acting Associate Professor of the Institute of Continuous & Distant Education (IC&DE) at the Bishkek State University named after K.Karasaev.
 - November. Presentation “Movement is life!”. Speaker: Marina Zelyenaya, external expert from Belarus.
- 3 meetings of the Leaders' Club were held:
 - On July 1, the following issues were discussed on the Agenda: (1) Discussion of the current situation with Elderly People (EP). Vaccination. (2) Presentation of the WHO Project. (3) Planning the “Health Club” meetings schedule and topics. (4) Participation in the workshop on national priorities and policy in the field of population aging - achievements and failures: Kyrgyzstan.
 - On September 10, the following issues were discussed: (1) Discussion of celebration of the Day of the Elderly in the Bishkek Social Hospital Institution (SHI) for the elderly and people with disabilities - September 30. (2) Proposals for Celebrating the Elderly Day from the Network members for October 1. (3) Informing about “Health Clubs” held online.
 - On October 12, the following issues were discussed: (1) Results of the month celebration, timed to coincide with the International Day of Elderly People - partners; (2) Discussion of holding the Conference on Aging of the AgeNet - RCE; Presentation was made on implementation of the Action Plan on improvement of quality of life of senior citizens in the Kyrgyz Republic for 2019-2025, dated August 30, 2019 No. 442 – MOH&SD of the Kyrgyz Republic. The “Leaders' Club” meeting was also attended by Swiss Red Cross experts, who want to get acquainted with the Age Net network activities and members.
 - Internet platform <http://agenet.org.kg/> was developed and launched.
 - Training and involvement of the elderly people was carried out as part of training on network literacy and information search, including medical information. This training improved knowledge level of participants on the network literacy of older people, as well as Internet use to search for medical and other useful information, creating accounts in social media and creating publications/posts. At the training, the participants were introduced to the Internet using computational tools, search, editing and use of information. All participants created email and social media accounts. Skills in letter writing and social networking were improved. The second part of the training was devoted to the online platform, all participants successfully registered in it. The trainer demonstrated how to run the platform using Internet services and connected devices.
 - Online training was conducted on the topic: “Coronavirus infection vaccination”. The speaker was: Kyrgyzbaev Azim, Doctor and epidemiologist of the Republican Center for Immunoprophylaxis, MOH. Participants were provided with information on the following topics: (1) Information on COVID-19 vaccines, (2) Vaccination of the elderly. Characteristics of vaccines, (3) Organization and delivery of vaccines. Services of health care institutions for vaccination of the elderly. The event was attended by 98 participants: representatives of SHGs, SCCs, Council of Paramedics, representatives of territorial Social Protection departments, Heads of the SHIs, social workers, etc.
 - The Council of Paramedics was created, with the meetings held:
 - **First online meeting** was held on June 23rd. The following issues were considered on the Agenda: (1) Election of the Council of Paramedics Chairman; (2) Suggestions for the Work plan for the Paramedics Council; (3) Diabetes Mellitus- how to use glucometer. Following the meeting, the following decisions were made: (1) all regional leaders - to conclude Memorandums with local self-government bodies to track data on COVID-19; (2) Develop the work plan for the Council; (3) Compile the database on the EP' problems in each region; (4) Conduct blood sugar screening among the EP; (5) Inform EP and promote vaccination; (6) Hold meetings of the Council once a month; (7) L.E.Belikova from Kara-Balta City was elected as the Council Chairwoman.
 - **Second meeting** was held on July 30 in Balykchy City with the following Agenda issues: (1) Situation with vaccination in each region, presentation from each Council member for their region; (2) Monitoring of EP with medical contraindication to vaccination; (3) Informing EP in their SHGs about new COVID-19 strains and prevention; (5) Planning the Council's actions for the current months.
 - **Third meeting** was held on 16 September with the following issues on the Agenda: (1) Discussion of the situation with vaccination in the regions. (2) Interaction with the media in the regions on COVID-19 prevention and vaccination at the places of residence. (3) Conducting the survey among the elderly SHGs

- about their needs in autumn and winter periods. (4) Tracking of the elderly with high blood sugar? (5) Active rest of the SHG.
- **Fourth meeting** was held on 18 October with the following issues on the Agenda: (1) Situation with COVID-19 patients. (2) Interaction with the media in the regions on COVID-19 prevention and vaccination at the places of residence. (3) Implementation of the events dedicated to the International Day of the Elderly. (4) Prevention of Diabetes Mellitus among the EP.
- The expert of the Resource Center for the Elderly carried out review of the KR Law “On Senior Citizens in the Kyrgyz Republic”, as a result of which consultations were held with representatives of civil society and senior citizens in Osh and Bishkek cities. The consultations made it possible to engage the elderly people in discussions of the issues related to them and their health and ensure their participation; more than 50 people took part in two consultations. The meeting was held in Q&A format, during which the participants were able to discuss the conclusions and recommendations obtained from the review of the KR Law “On Senior Citizens in the Kyrgyz Republic”. Public consultations of the human rights expertise of the law of the KR Law were organized with the support of the UNHCHR for Central Asia in partnership with the NGO "Resource Center for the Elderly". Based on the discussion, expertise of the KR Law was forwarded to the KR Ministry of Justice.
- Direct Project beneficiaries:
 - The database of the elderly for 7 Project regions has the data for 11950 EP.
 - Screening for blood sugar was carried out in 9136 EP.
 - Through 2 Project trainings: 119 EP and representatives of social sphere were trained.
 - Health club: 50 members, Leaders club: 15 members.
 - Participants of the month, dedicated to the International Day of Older Persons: 500 (100 in Balykchy City, 350 in 7 regions, 50 in Bishkek SHI).
 - 3000 protective masks were produced and distributed.
 - Social media coverage: 36 598.
- Awareness and ability of older people to protect themselves from viral infections, including COVID-19, are continuously raised through the website, social media pages, Whatsup groups, YouTube channel. Regular website updates. The following information products were distributed during the reporting period,:
 - booklets on Diabetes and Coronavirus prevention - 2400 pcs.
 - T-shirts with the print - 210 pcs.;
 - information posters on self-adhesive A4 format paper- 700 pcs. (350 pcs in Russian and 350 pcs in Kyrgyz);
 - video for the elderly on Coronavirus in the Kyrgyz language;
 - prizes for participants of cascade trainings: thermos with a print - 100 pcs;
 - information posters from WHO.
- Number of publications in social media: Instagram: 93, Facebook: 111, on the website www.rce.kg - 77, on YouTube 2 videos posted (<https://www.youtube.com/channel/UCfsBPCMmejA79icl-ajkqFA>), 1 interview (<https://www.helpage.org/newsroom/latest-news/kyrgyzstan-many-older-people-do-not-trust-vaccines-because-they-are-poorly-informed/>), 16 publications made by the elderly.
- 7 stories and publications aimed at promoting active longevity and healthy aging were posted during the reporting period:
 - How to turn an ancient tradition into a profitable business, made by the craftswoman from Leilek district. <https://www.facebook.com/1448257398768776/posts/2917506768510491/>, <https://rce.kg/2021/12/07/kak-prevratit-drevnyuyu-traditsiyu-v-pribylnyj-biznes-rasskazala-masteritsa-iz-leileka/>
 - Dance school for older women in Bishkek <https://rce.kg/2021/12/07/shkola-tantsev-dlya-pozhilyh-zhenshhin-v-bishkeke/> <https://fb.watch/9KBhbVrnqu/>
 - Fair of products for the elderly was held in Balykchy City: <https://rce.kg/2021/10/15/v-balykchy-proshla-yarmarka-izdelij-pozhilyh-lyudej/> https://fb.watch/9KD1k1dI_X/
 - News story about celebration of the Day of the Elderly in the Bagysh JSC, Jalal-Abad Region. <https://www.facebook.com/1448257398768776/posts/2902894213305080/> <https://www.facebook.com/1448257398768776/posts/2900462516881583/>

- Celebration of the Day of the Elderly was held in Balykchy City. <https://rce.kg/2021/10/14/v-balykchy-proshlo-prazdnovanie-dnya-pozhilyh-lyudej/> <https://www.facebook.com/1448257398768776/posts/2901378123456689/>
- The event was held under the slogan “Together for active longevity” In the village of Katran, Batken region, <https://fb.watch/9KGc4KLPEE/>
- The story of Ekaterina Zinchenko, one of the oldest leaders of the SHG. <https://www.facebook.com/1448257398768776/posts/2819476854980150/> <https://rce.kg/2021/06/21/odnoj-iz-samyh-pochetnyh-starejshin-tdsp-zinchenko-ekateriny-grigorevny-ispolnilos-94-goda/>
- Older leaders' feedback on the {Project “Strengthening Civil Society Participation in the COVID-19 Response at National and Local Levels”. <https://rce.kg/2021/12/09/otzyvy-pozhilyh-liderov-o-proekte-ukreplenie-uchastiya-grazhdanskogo-obshchestva-v-otvetnyh-merah-covid-19-na-natsionalnom-i-mestnom-urovnyah/>

- Celebration of the International Day of Older Persons was held in the Bishkek SHI “Together for active longevity!” with engagement of the leadership of the Ministry of Labor, Welfare & Migration, members of the AgeNet International Gerontology network and media. During the event, medical boxes were distributed to the SHI clients.

- The following support was provided to the elderly during the Project life:

Region	Grocery packages	Health care	Other support
1. Balykchy City	50	48 first aid kits 325 medical masks 10 blood glucose meters 500 test strips	Diagnostics of vision - 25 EP
2. Grigorievka village	50	150 medical masks 17 blood glucose meters 10 boxes of test strips	
3. Kara-Balta City	50	150 medical masks 4 glucometers +13 10 boxes of test strips	
4. Talas	50	300 medical masks 4 glucometers + 3 10 boxes of test strips	
5. Naryn	50	150 medical masks 4 blood glucose meters 10 boxes of test strips	
6. Osh	50	150 medical masks 4 blood glucose meters 10 boxes of test strips	
7. Djalal-Abad	50	150 medical masks 4 blood glucose meters 10 boxes of test strips	
8. Batken	50	150 medical masks 4 blood glucose meters 10 boxes of test strips	
9. Bishkek	50	222 first aid kits 1845 medical masks	Diagnostics of vision - 275 EP

- During the Project, the leaders of SHGs/SCCs actively interacted with local self-government bodies to monitor and track older people vaccinated or infected with coronavirus. 21 meetings were held.
- During the reporting period, 28 SHG/SCC meetings were held, with participation of 336 elderly people. The main topics of the meetings: help and information about Diabetes Mellitus and Coronavirus.
- 202 elderly people were trained at the cascade trainings.
- On November 24, the final online Conference “Towards Healthy Aging” was held under the Project. The Conference was attended by 140 people. Welcoming remarks were made by Cholumova Nazgul, Head of the department for development of social services for people with disabilities and senior citizens, KR Ministry of Labor, Welfare & Migration and Artykova Nazira, WHR and Head of WHO CO in Kyrgyzstan. Representatives of the Resource Center for the Elderly shared the results of the activities of the Project “Strengthening the participation

of civil society in the response to COVID-19 at the national and local levels". The participants got acquainted with the activities and the first results of the Council of Paramedics activity, which was created to assess the COVID-19 situation and its impact on the elderly in the regions of the country, and carried out the work in the regions to prevent Coronavirus infection and raise awareness among the senior citizens. Borombaeva Toktokan, involved expert, informed the participants on the results of the survey "Impact of Coronavirus and its Consequences on the Livelihoods of Elderly People in the Kyrgyz Republic". This survey was initiated by the RCE aims to identify the basic needs and requirements of EP during the COVID-19 pandemic, as well as to develop recommendations for the authorized bodies to respond to the basic PE needs. Aidaralieva Gulzada, Chief Specialist of the Department for Development of Services for PWDs and Senior Citizens, KR MOLW&M, informed the participants about interaction in the regions in the context of the pandemic and as part of implementation of the Action Plan to improve the quality of life of the elderly. The participants were informed about the implementation of the Action Plan on improving the quality of EP life. Baktygul Ismailova, Chief specialist of the KR MOH Public Health Department, spoke about access of EP to health services and vaccination, as well as COVID-19 incidence among the EP. Since 2006, free health care has been provided to retirees aged 75 and over under the State Benefits Program, since 2008 – to the EP at the age of 70 +, for other retirees co-payment for inpatient treatment has been reduced to the minimum (330 - 360 Soms). Currently, in order to conduct mass vaccination, 868 temporary vaccination sites have been created during the mass vaccination with additional 123 sites later. EP at the 60+ age are at risk and should be vaccinated as a priority. The current challenge is the lack of awareness of citizens of this age category about the need for vaccination and location of vaccination points. Distrust of the elderly in this procedure represents an important factor, which reduces efficiency of population vaccination. According to the RCE data as of November 24, 2021, the contingent of citizens at the 60+ age (559 701 people) was vaccinated by 53,5%. Of them, 161 842 people (28,9%) got the I-st dose, 136 793 people (24,6%) - the II-nd dose of vaccine. During the discussion, the participants noted the need for further work in the regions aimed at raising awareness of EP on prevention of Coronavirus infection, vaccination, exchange of experience and development of active longevity. Recommendations and proposals, generated through the Conference, aimed at improving the situation of EP in the Kyrgyz Republic, will be forwarded to the relevant Ministries and Agencies.

- The number of participants in the Project whatsapp-groups:

- in WHO whatsapp group - 16
- in WHO training whatsapp group, July 29-30 - 26
- in SHG leaders whatsapp-group - 23
- in AgeNet Network whatsapp group - 25
- in Online Stab (task force) by region whatsapp group - 70
- in Paramedics whatsapp group – 8.

- Work and participation in development of the program document on Active Longevity continues to include the needs of EP in the COVID-19 epidemic context into the National Action Plan to improve the quality of EP life in the Kyrgyz Republic for 2019-2025. To date, this issue has reached the government level and is being discussed when developing the Action Plan of the KR Cabinet of Ministers until 2026.

List of recipients of tablets:

- Sulukta social hospital institution (SHI) for the elderly and PWD. Syulukta city. Director - Dzhurabaev Murtazakul
- Suzak SHI for the elderly and PWD. Suzak district, Oktyabrskoe village. Director - Bayzhigitova Aida
- Toktogul SHI "Kara-Kash" for the elderly and PWD. Toktogul district, Kyzyl-Tuu village. Director - Abdylidaeva Gulmira
- Bishkek SHI for the elderly and PWD. Bishkek, Abay Str. Director - Abdylidaeva Erkingul
- Nizhne-Sirafimovskoe SHI for the elderly and PWD. Issyk-Ata region, Nizhne-Sirafimovka village. Director - Dzhunushaev Bakytbek
- Bakai-Ata SHI for the elderly and PWD. Bakai-Ata district, Bakai-Ata village. Director - Kazakbaev Manapbai
- SHG Karabalta, Belikova L.E, Council of Paramedics
- Day Stay Center – Palamar V.S.

1.2 Challenges and Recommendations (no more than 2 page)

What challenges did you face during the Project implementation? Please, add your recommendation to overcome those challenges to each one challenge you are mentioning.

(Tick the boxes electronically if applicable with your mouse and provide explanation where necessary)

☐ **Financial challenges** None

Please explain:

Recommendation:

☐ **Logistical challenges** (including passing checkpoints, requesting facilitation letters, etc.) Please explain:

The second day of the training was spoiled by heavy rain and mudflow in the city of Balykchy, Issyk-Kul region, due to which the city was disconnected from electricity and Internet.

Recommendation:

It is better to conduct trainings in the capital.

☐ **Accessibility problems** (if applicable) None

Please explain:

Recommendation:

☐ **Communication with WHO** Please explain:

Continuous communication with WHO.

Recommendation:

☐ **Other challenges** no Please explain:

Recommendation:

1.3 Obstacles and solutions to the Implementation of the Project (no more than 1 page)

Explain delays and deviations in the project implementation. For example, was anything planned that was not implemented? What are the reasons for that? OR is it already possible to see any positive changes for the target group on the basis of the project plan, if so, which ones? Please indicate what solutions were found to challenges to project implementation.

As indicated in Section 1.1. all Project activities were implemented in accordance with the planned activities.

1.4 Adjustments (no more than 0,5 page if any)

Have any adjustments been made in the project? If so, list these here and state whether WHO was informed of these in advance and in time.

An additional tablet was procured at no additional cost due to the seller's promotion. Procurement of the tablet was additionally agreed with the WHO.

1.5 Results Achieved

Using the same results framework as in the proposal, please describe the achievements.

Project Results Framework						
Project objective		Engage, enable and empower senior citizens and their communities in developing resilience to emergencies with a focus on the COVID-19 pandemic, using a self-help model in seven regions of the Kyrgyz Republic.				
Outcome statement						
Output 1		Emergency needs assessment				
Output 1 Activities	Description An emergency needs assessment will be run with the participation of seven SCCs (one in each region), 33 SHGs, the Ministry of Health and Social Development (MHSD), four partner organizations, and seven boarding houses. A total of 330 people will be involved. The needs of the elderly (both those affected by COVID and the elderly who have not been ill). will be identified through an online and phone consultation. An expert will be invited, who, according to the terms of reference, will develop a questionnaire that will help determine the needs of more than 300 elderly	Implemented by the RCE through engagement of the outsourced expert	Output 1 Indicators	Description <ul style="list-style-type: none"> - The TOR drawn up - The announcement of the competition for finding an expert sent out - Expert from the tender selected - An agreement with an expert has been signed - Needs identified - Submission of a report or analysis - "Impact of Coronavirus and its consequences on the livelihoods of 350 elderly people in the Kyrgyz Republic" report finalized with conclusions and recommendations regarding the needs assessment - Report on completed works accepted 	Target	Reached

	people in the seven regions of the Kyrgyz Republic.					
Activity 1.1	To implement this activity, TOR was developed, expert was selected, with whom the Agreement was concluded. The expert has developed the Methodology, questionnaire and other materials necessary for the survey.		Indicator 1.1	- Report "Impact of Coronavirus and Its Consequences on the Livelihoods of 350 Elderly People in the Kyrgyz Republic"	1	1
Output 2	Establishing community partnerships for emergency response					
Output 2 Activities	Description Agreements with the Ministry of Health and Social Development and local authorities in seven regions will establish coordination between national and local levels and clarify roles. Continuous monitoring and response to emergencies will be made with the participation of various community groups (33 SHGs, 10 FSHGs, seven SCCs, and four NGOs). Community partnerships will be established, using information from the online Headquarters group, phone calls, and social networks at the local and national	Implemented by the RCE and 7 Regional leaders	Output 2 Indicators	Description - Agreements will be concluded with the Ministry of Health and Social Development and with local authorities bodies in all regions of the Kyrgyz Republic to establish cooperation. - Continuous monitoring and response to emergencies with the participation of RCE structures and community groups (33 SHGs, ten FSHGs, seven SCCs, and four NGOs) in cooperation with the Ministry of Health and Social Development and local authorities.	Target	Reached

	level. Active interaction with government organizations will improve the implementation of planned activities and follow-up.					
Activity 2.1	Conclusion of Memorandums.		Indicator 2.1	12 Memorandums were concluded, including 1 Memorandum with the Ministry of Health and Social Development, 4 with territorial health care institutions and 7 with local government bodies.	7	12
Output 3	Establishment of a dedicated hotline					
Output 3 Activities	Description A dedicated hotline for vulnerable older women and men will be created to provide quick support to meet needs in targeted locations, including psychosocial support.	Implemented by the RCE	Output 3 Indicators	Description - Hotline to provide psychological support to vulnerable elderly people in need of psychological and social assistance created.	Target 1	Reached 1
Output 4	Continuous study and exchange of best practices for emergency response in COVID-19 conditions.					
Output 4 Activities	Description Information on best practices at the Network Leaders Club will be provided. The format will be six online meetings of the international network Agenet International within six months.	Implemented by the RCE and AgeNet network members	Output 4 Indicators	Description - Best practices documented - Best practices published on the network website - RCE contribution to the Active Longevity document as part of the National Action Plan to improve the quality of life of older people in the Kyrgyz Republic for 2019-2025.	Target	Reached
Activity 4.1	Conducting online meetings of Agenet International Network members and			6 online meetings of the Health Club and 3 offline meetings of the Leaders' Club were held, with participation of members of the	6	8

	meetings of the Leaders' Club of AgeNet Network members.			international Agetnet International network, members of SHGs, SCCs, Council of Paramedics, aimed at continuous study and exchange of best practices for emergency response in the context of COVID-19.		
Output 5	Improving capacity of elderly to protect themselves from viral infections, including COVID-19					
Output 5 Activities	Description Collecting, processing and sharing information on preventing infectious diseases, including the COVID-19 pandemic, steps to respond to the COVID-19 pandemic and rehabilitation through the disseminating materials previously developed by the RCHP, WHO, Help Age International, and RCE.	Implemented by the RCE	Output 5 Indicators	Description - At least 300,000 seniors empowered with appropriate health seeking behavior within six months through booklets, radio, TV, videos, and social networks. - Information materials disseminated among the elderly at bus stops and on public transport at least 6,000 copies, - Stickers produced with information on the rules of conduct during the pandemic - Videos uploaded to RCE channels: website, pages on social networks, Whatsup groups, YouTube channel - Website regularly updated to increase number of site visits	Target	Reached
Activity 5.1	Posts on the website, social media pages, Whatsup groups, YouTube channel. Interviews.	Implemented by the RCE		Coverage from June 1 through December 15, 2021 comprised: 36 598 During the reporting period, 281 publications were posted, including: - 77 publications on the website www.rce.kg ; - 93 posts/publications on Instagram https://www.instagram.com/rce.kg/ - - 111 publications on Facebook: https://www.facebook.com/rce.kg - - 2 videos on YouTube https://www.youtube.com/channel/	300 000	7994

	.kg/ 15 test posts have been published on the platform.			to work with the platform, then they can post/publish their news and events. The seniors published 16 news items.		
Activity 6.2	8 tablets were procured for nursing homes (SHIs), enabling them to actively participate in forums, Health Clubs, post messages and communicate with seniors across the world.	RCE			7	8
Output 7	Training and engaging elderly persons					
Output 7 Activities	Description The planned trainings will teach older people how to use the Internet to search for information and compose their own social media posts. This will be done by two trainings on network literacy and finding health information for community-based groups (33 SHG leaders, ten FSHGs, and four NGOs), boarding school clients, and elderly people.	Implemented by the RCE	Output 7 Indicators	Description <ul style="list-style-type: none"> - Trainer identified from among gerontologists, geriatricians, podiatrists - Trainer selected in agreement with the MHSD - Training on access to public health services conducted with the involvement of the MHSD for 61 representatives of community structures (SHGs, SCCs, FSHGs, local authorities) and from seven regions in the Kyrgyz Republic - 61 leaders from community groups (SHGs, FSHGs, SCCs) from all regions, six people from each region and one person from each of seven boarding houses trained on skills and tools of internet literacy - 210 elderly people, 30 from each region, trained by conducting seven training of trainers activities in each regions by with RCE groups (SHG leaders and members of SCCs with the participation of members of the elected Council of Paramedics); - Final online conference organized. 	Target	Reached
Activity 7.1	Training on network literacy and health information	RCE		On July 29 and 30, 2021, training on network literacy was held for 21 participants from the KR	2	2

	retrieval for community groups was delivered.			<p>regions, where all participants reached the modern level of working with information, searching, publishing and editing. E-pre-and-post tests were distributed to all participants before and after the training.</p> <p>Results:</p> <ul style="list-style-type: none"> - As a result of the training, 100% of the participants got registered in social media/networks and from 37 to 81% of them use social media for publications, review and interaction. Publishing/posting on the site's platform has become a new skill and tool for promoting COVID-19 stories. - Registration and training in the use of social networks - Instagram, Facebook, Whatsup, Telegram. - On the genet.org.kg platform - each member is now the author of his needs-oriented articles/posts, independently publishes news about the activities of his groups. - Each participant has registered his account on the social Facebook network. - Information base was formed based on the information and feedback from participants for further analysis and reporting. - Outcomes were obtained in the form of articles on the agenet.org.kg platform, on the pages of participants' social networks. - An additional Whatsup group was created to share information and build capacity during the Project activities. - E- materials were developed for individual work in groups. <p>On November 2, online training was held on the topic "Vaccination against Coronavirus infection", the lecturer was Azim Kyrgyzbaev,</p>		
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				<p>Doctor and Epidemiologist of the Republican Center for Immunoprophylaxis, KR MOH. The participants received the following important information:</p> <ul style="list-style-type: none"> - COVID-19 Vaccination is provided on a voluntary basis, in accordance with the KR Law “On immunization prevention of infectious diseases”. Immunization is carried out by the vaccines, approved for use by the Drug Regulatory Authority of the KR MOH in the prescribed manner following manufacturer’s instructions. - COVID-19 vaccinations should be given to the people at high risk of coronavirus infection and transmission: (health workers and personnel, EP 65+, people with chronic conditions, teachers and educational institutions staff, employees of the Ministry of Emergencies, Ministry of Defense, State Committee for National Security, Ministry of Internal Affairs). - Contraindications to vaccination (persons with acute form of the disease and positive PCR result for COVID-19; hypersensitivity to any component of vaccine or vaccine containing similar components; history of severe allergic reactions; pregnancy and breastfeeding, etc.). - Organization of work of immunization sites: in temporary immunization rooms compliance with the requirements of sanitary regulations and standards. <p>The online meeting was attended by 98 people.</p>		
Output 8	Election of the Council of Paramedics among the elderly persons to coordinate activities and make timely decisions.					
Output 8 Activities	Description The Paramedics Council will gather older persons with a	Implemented by the RCE	Output 8 Indicators	Description - Council of Paramedics was established to coordinate work among the elderly.	Target	Reached

	medical background or experience in healthcare. One person from each region will be included in this Council, and it will have representatives from seven regions. The Council of Paramedics will continue to work to facilitate the activities of community structures (SHGs, FSHGs, and SCCs) to prevent spread of infection among the elderly.			<ul style="list-style-type: none">- Collection of proposals coordinated, discussed at an online meeting- Joint planning and execution of the plan carried out- Chairman of the Council of Paramedics elected- Work with boarding houses improved																										
Activity 8.1	The Council of Paramedics established. 2 meetings of the Council held.			<p>The Council consists formed from a number of regional leaders, as well as elderly people with medical background.</p> <p>The data was obtained at the meeting of the Council of Paramedics regarding the people, COVID-19 contracted and vaccinated by the Project target sites:</p> <table><tr><th>Region</th><th>Vaccinated (number)</th><th>Sick (number)</th><th></th></tr><tr><td>1. Balykchy</td><td>12217</td><td>4</td><td></td></tr><tr><td>2. Grigorievka</td><td>701</td><td>79</td><td></td></tr><tr><td>3. Kara-Balta</td><td>2786</td><td>29</td><td></td></tr><tr><td>4. Talas</td><td>2392</td><td>13</td><td></td></tr><tr><td>5. Naryn</td><td>154</td><td>228</td><td></td></tr></table>	Region	Vaccinated (number)	Sick (number)		1. Balykchy	12217	4		2. Grigorievka	701	79		3. Kara-Balta	2786	29		4. Talas	2392	13		5. Naryn	154	228		6	4
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				6. Osh	11022	87			
				7. Djalal-Abad	320	170			
				8. Batken	1089	88			

If you have more outputs, please, add additional lines.

1.6 Beneficiaries reached (no more than 1 page)

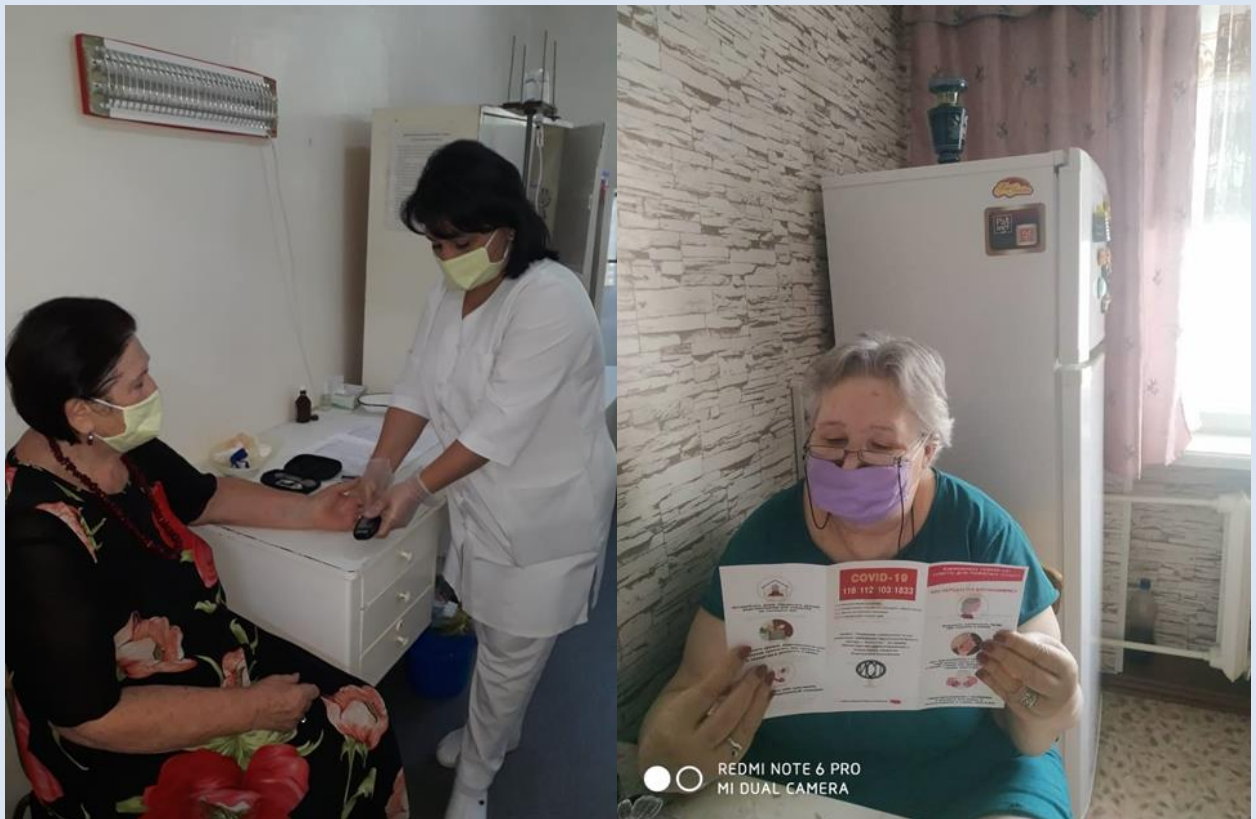
Provide total number (planned and actually reached) of individuals directly through the funding.

Use the same beneficiary profile as in the proposal. In case of significant discrepancies between planned and reached beneficiaries, please describe reasons.

- The database of the elderly built, covering total of 11950 EP from 7 Project regions.
- Grocery bags distributed to 400 elderly people.
- Medical aid in the form of glucometers (67) and test strips (33 500) was provided to help EP to measure their blood sugar levels.
- Screening for blood sugar provided for 9136 elderly people.
- 222 first aid kits delivered.
- Together with WHO and "OSSE" Optics CO, 300 elderly people were checked by ophthalmologists.
- 3000 facial protective masks produced and distributed.
- Communication through social networks. Social media coverage: 36598.

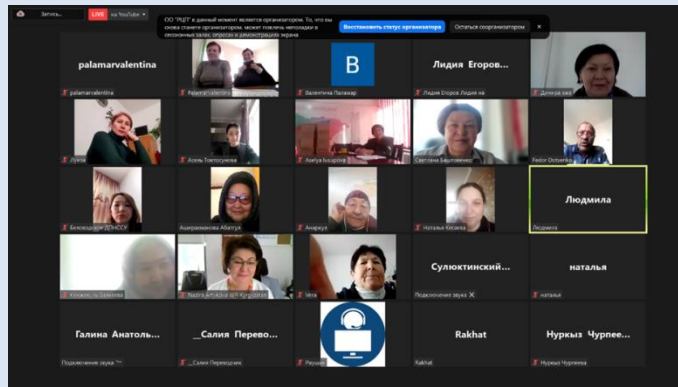
2. Success Stories, Links to the Local Community and Photos (up to 2 pages)

Include any testimonials of the community, quotes from the field, case studies, human interest stories, success stories, letters of appreciation or interesting project materials that have been produced, including photos and other visual materials (leaflet, newsletters, etc.).









3. Lessons Learned (no more than 1 page)

Include any lessons learned from the implementation of this Project.

- It is necessary to continue the topic of studying and preventing infection. The government employees at sites lack knowledge and sufficient information to transfer. People in the regions have little understanding of the importance of vaccination.
- It is necessary to continue supporting and developing the Council of Paramedics as a volunteer structure to provide support to EP as liaison between health care institutions and EP.
- It is necessary to improve the capacity of the seniors through trainings and platforms on active longevity, access to health services, vaccinations, prevention of NCDs and Coronavirus infection.
- The population does not realize the importance of the aging problem. It is necessary to promote active longevity and active aging among the seniors.
- Elderly members of migrant families are in a very vulnerable position, most of them quite often look after the minor children. It is necessary to develop a plan of joint actions to provide them with social and other support.
- It is necessary to develop the Advocacy Plan in each region of the Project to form the basis of the Roadmap "Healthy Aging in Kyrgyzstan".
- It would be very useful to establish and train Volunteer Rescue Squads for emergencies response.
- It would be good to develop and publish together with the authorized body the Guidelines on the Best Practices based on the generated experience of working with the elderly,