



Public Association  
"Resource Center for Elderly"

25  
YEARS

*with elderly, for elderly*

*Resource Center for Elderly*

ANNUAL REPORT 2016



**Dear friends, partners, colleagues,  
our dear elderly and just indifferent people!**

On behalf of the "Resource Center for Elderly" I want to thank you for your trust in us and for working with us for 25 years. Resource Centre for the Elderly continues to make a significant contribution to the development of a social society of the Kyrgyz Republic, working on the revival and strengthening of moral principles and positive attitude to the older generation of our country.

Thank you for your persistence and a sincere desire to improve the quality of life of elderly people in Kyrgyzstan.

Dear employees of "Resource Center for Elderly" I express to you my sincere gratitude for your work. Thanks to our joint efforts and teamwork, we have achieved all of the plans for year 2016. Past year we have worked to our maximum potential, and received good results, and that only could be achieved thanks to our elderly people, whom I would like to thank for their activity, initiative and patience. You are our inspiration to do good and to do our work better and more effective!



**Sincerely yours,  
Svetlana Bashtovenko,  
President of PA «Resource Center for Elderly»**

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## *ABOUT US*

For over 25 years, the Resource Centre for the elderly (RCE) continues to contribute to the social development of the society of Kyrgyzstan, specifically working on the revival and strengthening of moral principles and positive attitude to the older generation.

Activities of Resource Center for Elderly cover following geographic regions: Issyk-Kul, Chui, Talas region of Kyrgyzstan.

The organization makes extensive use of a comprehensive approach to the older generation of problem-solving, both at local and national levels, by carrying out activities in areas such as: social, economic, legal, educational, informational, networking, environmental, social health, as well as work with the families of migrant workers on access to essential basic services.

Activities of "Resource Center for Elderly" in 2016 covered many aspects. Much work has been done in each of the areas of the organization. RCE implemented and continues to implement a number of projects that aim to improve the quality of life of an elderly person, providing them with favorable conditions for an elderly people in Kyrgyzstan.

Mission of RCE is to promote a favorable environment for the protection and promotion of the interests of elderly people, quality of life, institutional development, promotion of civil initiatives and equitable public policies in relation to the older generation of Kyrgyzstan.

Resource Centre contributed to the inclusion of elderly people of Issyk-Kul, Chui and Talas regions of Kyrgyzstan in the process of social integration - elderly people encouraged to engage in effective and profitable income-generating activities. Federation of self-help groups (FSHG) already engaged in various kinds of profit-generating activities, but the Resource Center helps them improve product quality, increase sales and efficiency of their work.

The Resource Centre is actively tracking migration issues. The resource center has set a goal to assist the development, adoption and implementation of an effective migration policy of the Kyrgyzstan through intersectoral collaboration.

Healthy elderly people - a pledge to a decent old age, with the project: "Enhancing prevention and self-management of diabetes in the Kyrgyz Republic", Resource Center set a goal - to enhance awareness of type 2 diabetes, its prevention and self-management among risk groups and people living with diabetes in Kyrgyzstan.



## **PROJECT "EMPOWERING WELFARE, SECURITY AND A DIGNIFIED OLD AGE AGEING IN THE KYRGYZ REPUBLIC"**

### **Project aim:**

*Improve the quality of life and sustainable well-being of older people in Chui, Talas and Issyk-Kul oblasts.*

### **Project objectives:**

*Improving the access of elderly people to the social, medical and legal services;*

### **Results:**

- The analysis of the legislation on the provision of public services. Analytical report compiled which will serve as the basis for further advocacy strategies;
- Three advocacy groups formed (Chui, Talas and Issyk-Kul region).
- Workshop for advocacy groups organized;
- Public monitoring of the quality of health and social services on the ground in Chui, Talas and Issyk-Kul regions carried out. Monitoring results presented in 3 regions of the Kyrgyz Republic and reported to the state authorities. Monitoring findings formed the basis for recommendations for the Integrated Programme and for the decision on the ground to improve elderly people's access to quality health services;



- The leaders of advocacy groups in Chui and Issyk-Kul region are included in the Commission that works with complaints and suggestions at local health facilities;
- Outreach committee are organized, together with Ministry of labour and social development (MLSD) in Chui region, to register disability of lonely, poor elderly people that do not have the opportunity to travel to capital's medical institutions to establish their disability;
- Local diaspora- The Assembly of Peoples of Kyrgyzstan of Talas region are included in the Small Community Council of Talas to inform and solve problems of elderly people of Talas region on a permanent basis;

- Central Office of the Federation of obligatory medical insurance (FOMI) and MLSD, as well as their structure at the local level are interested in cooperation, cooperate and are open to solving problems of elderly people at the local level;
- Three "Round tables" were organized in 3 regions in cooperation with FOMI, local medical and social structures. Urgent medical and social problems and mechanisms of interaction were discussed. Recommendations to be included into Comprehensive program to improve the quality of life of elderly people were proposed;

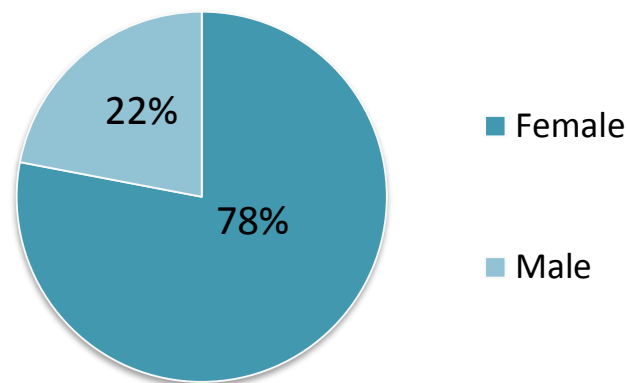


- 2 representatives of advocacy groups took part in the conference on the legislative consolidation of the activities of Small Public Councils (SPCs), Public Supervisory Board (PSB) at the local level;
- Advocacy groups and communities of elderly proposed 20 recommendations / objectives in the Integrated Programme, 3 proposals to the Programme of state guarantees regarding people suffering from diabetes, 2 proposals for a "social service" law, a proposal on amendments to the Law about PSB to legitimizing the activities of PSB at the local level, etc;
- Issued 2 information bulletins "Right to life";
- In cooperation with the Red Crescent issued booklet for the elderly on how to not become a victim of rental raider, a seminar on this topic was organized for 17 single elderly people living in Bishkek.

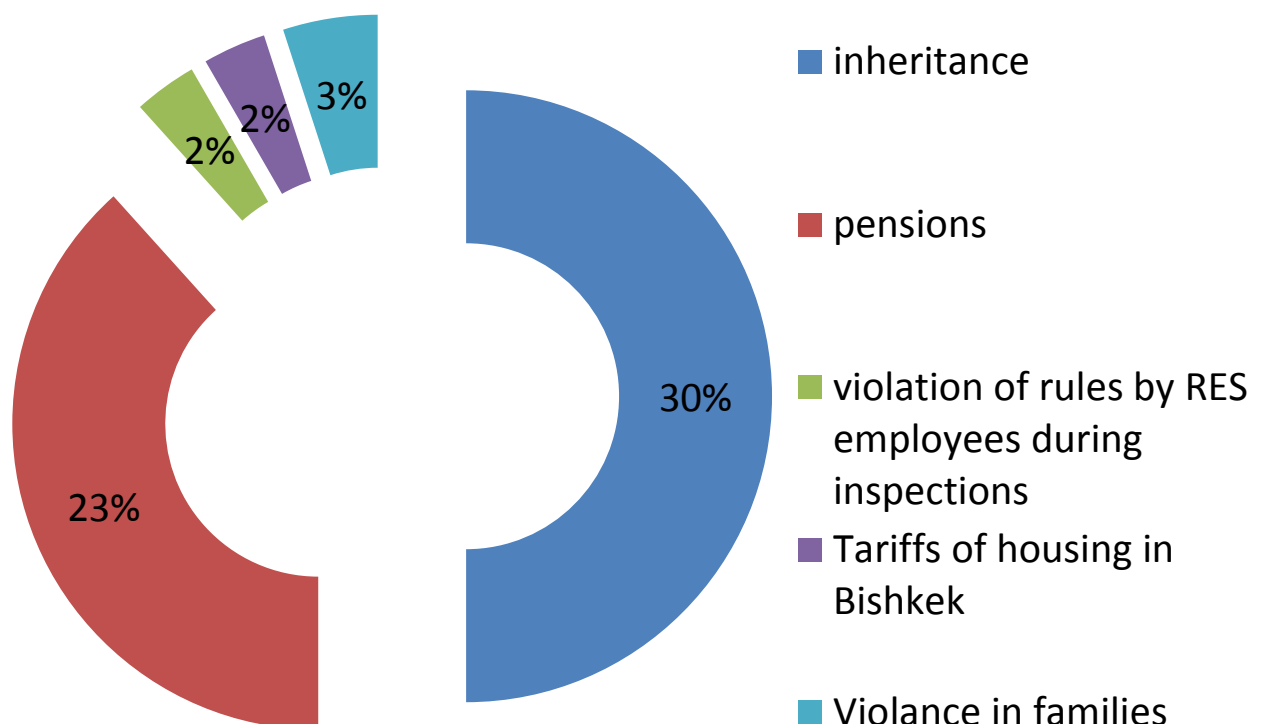


- Leadership Council meeting organized on a quarterly base;
- Legal support and advice to elderly people provided by advocacy specialist and leaders of advocacy groups;

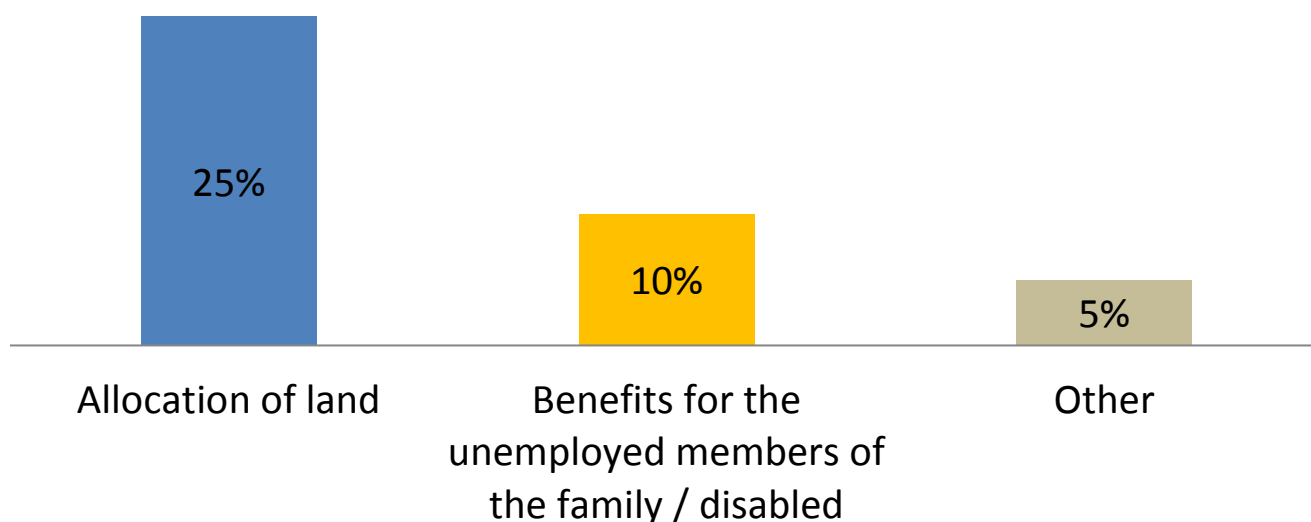
85 elderly received Legal advice, including:



*The main issues addressed in local areas are:*

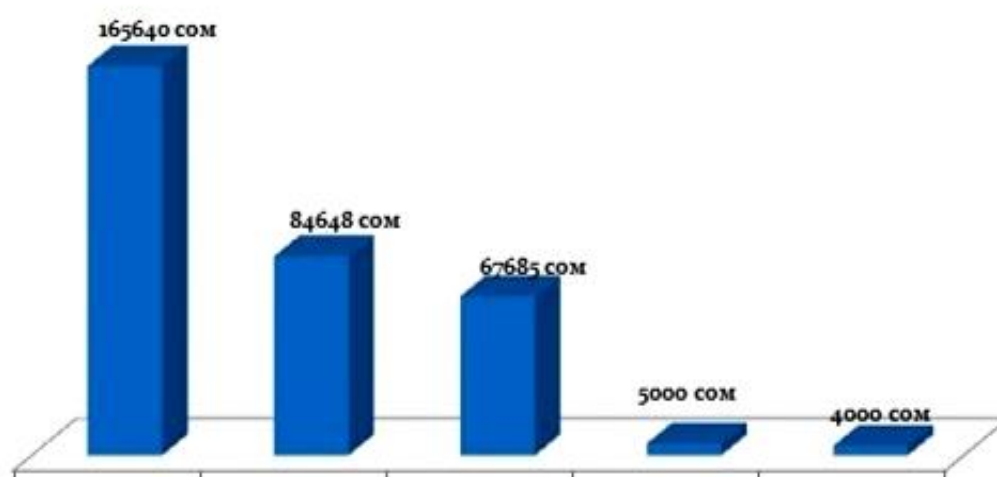


*The main issues addressed in rural areas:*



***Increasing sustainability of the Day Care Center (DCC) model in Balykchy city in order to provide comprehensive services to vulnerable groups of elderly people.***

Through the provision of comprehensive services in the DCC (social and health services, psychological services, hot meals) for DCC 20 visitors and 40 patronage visitors overall physical and psychological condition improved, as well as nutritional status; Conducted more than 100 sessions of labour therapy for elderly (conservation of the products, knitting, production of home-made egg noodles, art therapy, baking etc.) that not improved the psychological status of the elderly involved but also generated additional income. The total amount from income-generating activities is 70000 KG som.



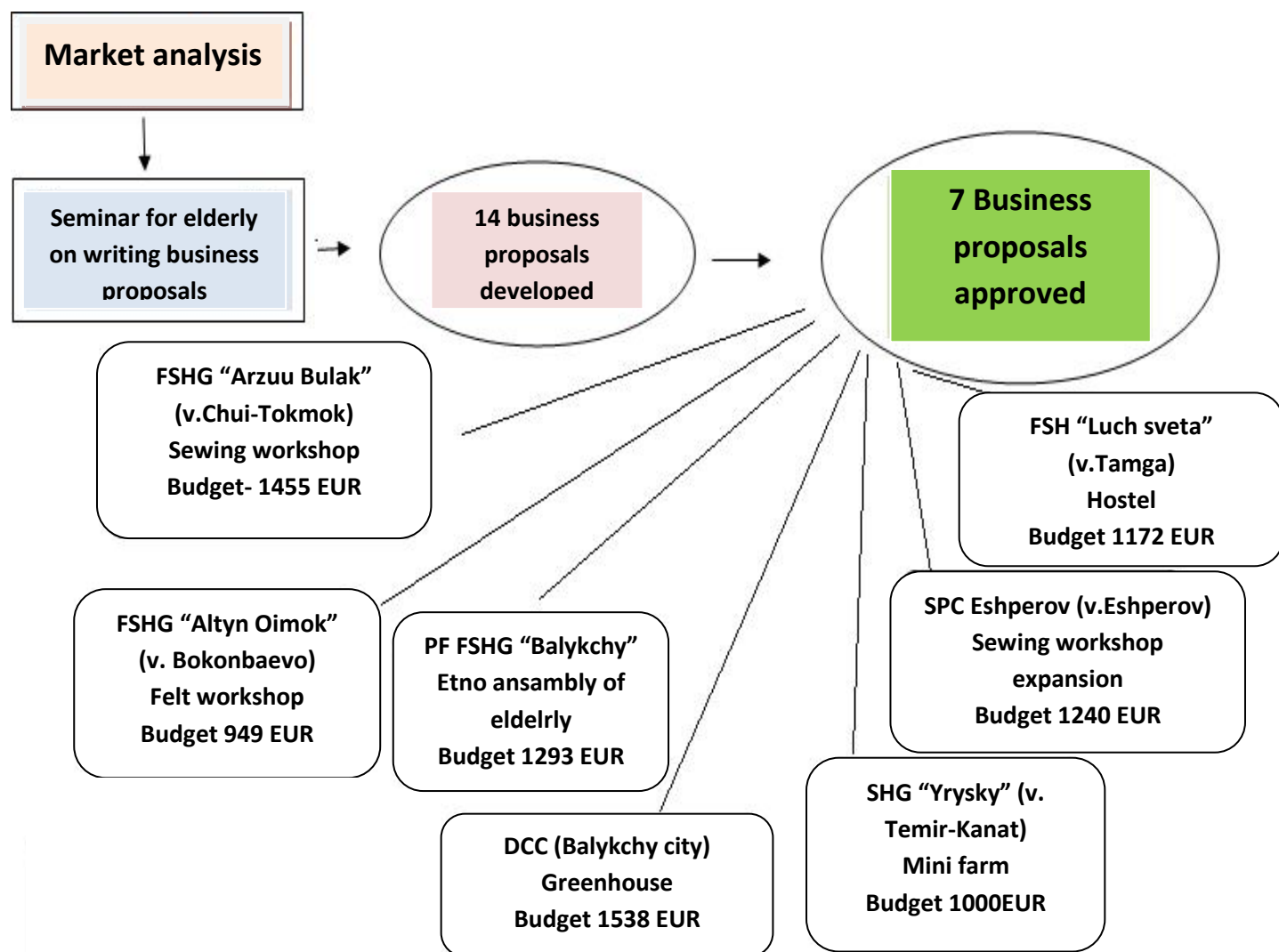
Amount of raised funds in DCC for 2016 (in form of medical supplies, food products, equipment, fuel, coal etc) is 326,979 KG som (4808 USD) which cover 4.4 times the 10% of co-funding of DCC (73667 KG som / 1084 USD)



➤ Promotion DCC model at the local level.

- Dismissed 2 applications on the co-financing of DCC at session of local Kenesh;
- Negotiations with the vice-mayor of Bishkek, Institute of Social Policy, held 2 meetings with the Centre for Nonprofit Law on legislative mechanisms of the municipal social services order.

***Creating conditions for the development of profit-generating activities of elderly people of Chui, Issyk-Kul and Talas regions.***



From the period July-November products / services of 7 business grants sold in the amount of 267 340 KG som. An average net profit is 106 786 KG som (1443 EUR).

## **PROJECT "AN INTEGRATED SYSTEM TO ASSIST MIGRANT WORKERS"**

### **Project Objectives:**

- 1. Form a comprehensive approach to the implementation of the information and legal support to migrant workers with the pre-departure training and in the host countries.*
- 2. Development and promotion of cross-sectoral integration platforms for continuous monitoring and solving legal issues of migrant workers and their families with their active involvement.*

### **Project objectives:**

#### **Creation of the Center for Legal and informational support to migrants and their families in 7 regions of the Kyrgyz Republic.**

February 19-20, 2016 - A seminar on the pre-departure training, migration and labour legislation and mechanisms to protect the rights of labour migrants. (SPCs members, members of the Platform for CAP and other legal specialist) .As the result of seminar - 7 people and 1 advocacy specialist in Bishkek attracted to work in the Center of assistance in the regions of the Kyrgyz Republic

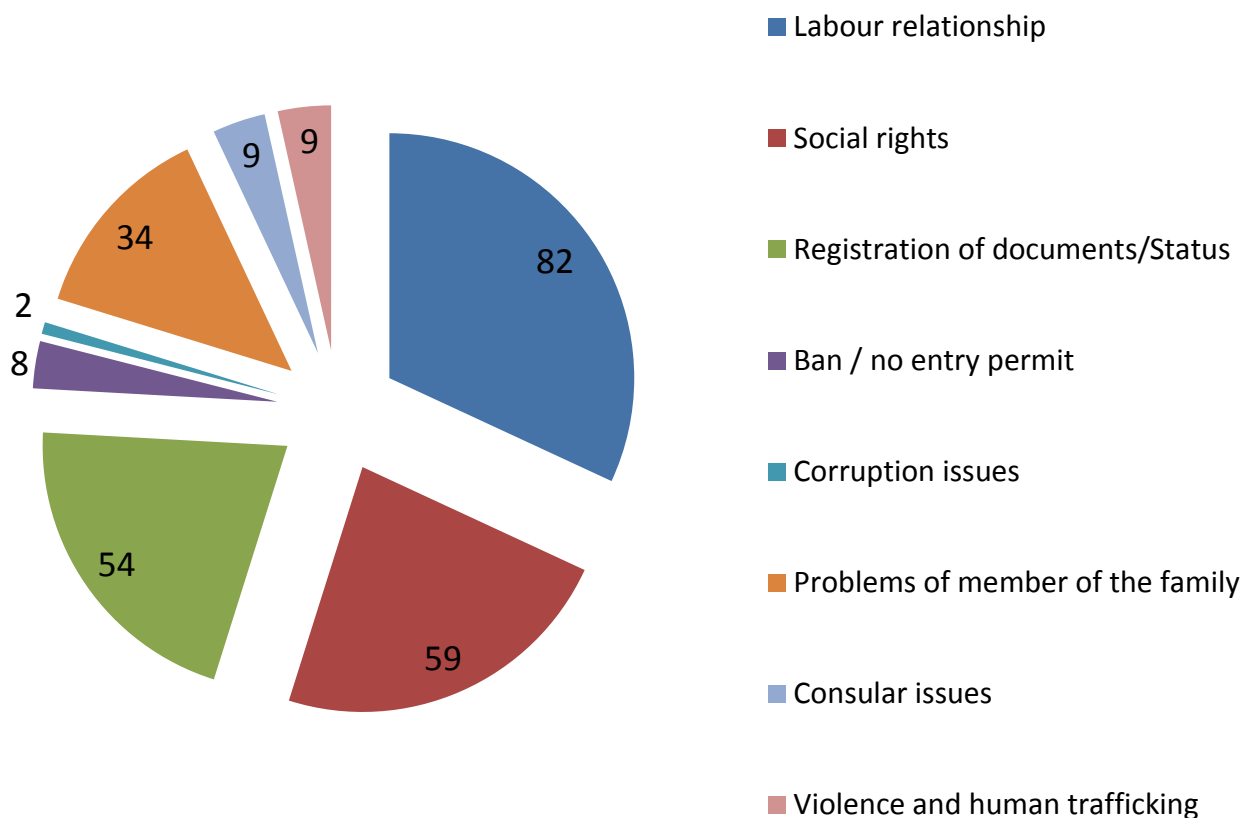


- Developed contracts defining responsibilities and schedule;*
- Develop a unified format to register visitors at Centers, monthly reports.*
- Outdoor signs developed modems, and USB flash drives disseminated.*
- Developed database to register visitors and analyze the problems faced by migrant workers and their families.*

***Creation of a uniform cross-country system of information support of migrant workers and their families.***

Conducted 257 consultations in St. Petersburg (Female-124 ,Male-133).

The main types of assistance:



Of those assisted:

- In the preparation of various documents - 97 people.

Creating a unified system of methodological and information support non state/ state professionals/organizations providing assistance to migrants in sending and receiving countries

Issued 6 types of brochures in Russian and Kyrgyz languages, 4800 copies:

- «Responsibility for violation of the migration legislation of the Russian Federation»;
- «How to prepare for the trip»;
- «Cooperation with the police»;
- «Social medical care and education of children »;
- «Labour migration for citizens of the EAEC»;
- «Renting" and "Pocket Manual for migrant worker", 400 copies.



***Development at all levels of the operating system and other system. Intersectional interaction platforms for defense and state partnership. institutions in the formulation, adoption and implementation of solutions in the field of migration processes.***

Organized 2 Big Public Council meetings:

- "Opportunities of cooperation for BPC and Coordination Board of migration"
- "The concept of the state migration policy of the Kyrgyz Republic, 2030"



Work has been done to promote the initiative to create OEKS in consultation with the EC Committee:

- ✓ At the 4th meeting of the Consultative Committee of the ECE in Kyrgyzstan provided information on the Public Council

Conducted two international meetings:

- 1 in Bishkek, in the RCE office with the participation of international NGOs
- 1 in St. Petersburg in the ECE Advisory Committee building

Draft Regulations OEKS developed, policy proposals and cooperation OEKS EC Advisory Committee.



## **PROJECT: "STRENGTHENING THE PREVENTION AND SELF-DIABETES IN THE KYRGYZ REPUBLIC"**

### **Objective of the project:**

- To raise awareness of type 2 diabetes, its prevention and self-management among risk groups and people living with diabetes in Kyrgyzstan.

### **Project objectives:**

- Improving the health and social well-being of patients with type 2 diabetes and the elderly.

### **Results:**

- Trainings for the 89 SHG, total 628 people participated in the training on self-management and prevention of diabetes complications.
- Panel discussion on the promotion of healthy lifestyles - 19 meetings, 245 people (SHG of Chui and Issyk-Kul region) took part in the exchange and dissemination of information about diabetes and its consequences, diet, prevention and promotion of healthy lifestyles
- Carried out 30 group discussions and information sessions to promote healthy lifestyles through SHGs in 33 schools for 18639 students. Students are informed about diabetes, complications, and prevention of diet and a healthy lifestyle (sport, hygiene, good nutrition, avoiding harmful habits (smoking, alcohol, drugs).
- Minimum screening of 3,000 people (early detection strategy) at the level of SHGs. Screening of 2290 elderly people- patients with diabetes and -10 are sent to the station for consultation to the endocrinologist Balykchy.
- Meetings on access and benefits to health service- 25 meetings – 271 people of SHG monitored for diabetes awareness, access to medical services in the community, the availability of benefits. After the monitoring has been compiled, report has been forwarded to Ministry of Health KR to improve the quality of life in patients with type 2 diabetes.
- Participation in national advocacy activities (all partners). 8,200 people with diabetes and 110400 with risk factors covered by information campaigns. 6 campaigns to raise awareness - 38 people participated in the campaign to attract public attention to the problems of elderly people to address issues regarding pensions and health care.
- Organized "Round table" for the presentation of the results of the project and recommendations to improve diabetes prevention and self-management in Kyrgyzstan.



## **PROJECT: ELDERLY PEOPLE ARE HISTORICAL AND CULTURAL HERITAGE OF THE KYRGYZ REPUBLIC"**

### **Objective of the project**

*The expansion / improvement of the access of elderly people in difficult life situations to social, legal and cultural services.*

### **Project objectives:**

1. Improve the social and legal status and conditions of elderly people in Kyrgyzstan.
2. Creation of an enabling environment for the realization of the rights and full participation of senior citizens in public cultural programs and promote their creativity.

### **Results:**

- Developed and issued manual for social workers of state services on working with elderly people;
- Trainings for social workers of state bodies on introduction of new social technologies of work with the elderly;
- Formed 10 creative groups from among talented and creative representatives of the Federation of Self Help Groups of elderly people in Chui, Talas and Issyk-Kul oblasts in the following three areas: national handicrafts, folklore and ethnic culinary.





## **INTERNATIONAL GERONTOLOGICAL NETWORK "AGENET INTERNATIONAL"**

«AgeNet International» was founded in 2005 on the initiative of 17 organizations concerned with ageing in Kyrgyzstan, Kazakhstan and Tajikistan. It consists of 51 organizations of 10 Commonwealth countries: Kyrgyzstan, Russia, Kazakhstan, Armenia, Georgia, Azerbaijan, Turkmenistan, Tajikistan, Uzbekistan and Belarus.

**MISSION** - to promote the responsibility of States and civil society to improve the situation of the older generation.

### **COORDINATING ORGANIZATION**

Public Association "Resource Centre for the Elderly"

### ***The results of the joint efforts of partners to promote and protect the rights of older people:***

- Initiated to classify year 2017, "Year of elderly people";
- Lobbied the adoption of the Coordination Council under the Government decision on the development of a comprehensive program to improve the quality of life on the elderly people for 2018-2027. Six member organization of AgeNet included in the working group to develop program;
- Two letter addressing Jogorku Kenesh of the KR were send with proposition to develop law against domestic violence was prepared for Jogorku Kenesh of the KR. Member organization of AgeNet were included in the working group, took part in meeting of the Jogorku Kenesh of the KR;
- Proposal to the Jogorku Kenesh to the Constitution changes in regard to the guarantees of the elderly of pensions not below the subsistence level;
- Organized VIII International Conference AgeNet International, as the result of the Conference, set of recommendations were developed for inclusion in a Comprehensive program for the elderly 2018-2027.



### **OTHER ACTIVITIES of RCE**

Throughout the year of 2016, the Resource Centre for the Elderly continued to actively participate and organize various platforms.

March 15, 2016, the Resource Centre for the Elderly, with the support of the UNDP implemented project "Prevention of early marriage, abduction of brides and gender-based violence in Kyrgyzstan"/ RCE organized festival-fair "World without Violence" in the framework of the "National month of women's history and activism for equal rights and opportunities". The event was held in the town of Balykchy



October 6-7, 2016, RCE took part in the Third National Conference of the "Society for all ages", organized by the Charite Foundation of Elena and Gennady Timchenko, with the support of the Ministry of Labor and Social Protection of the Russian Federation. The event was attended by the President of the RCE – Svetlana Bashtovenko.

Traditionally, within the framework of the Network of AgeNet, two social fairs (May 20 and October 1 on the Boulevard Erkindik) were held where elderly people of self-help groups displayed their products.

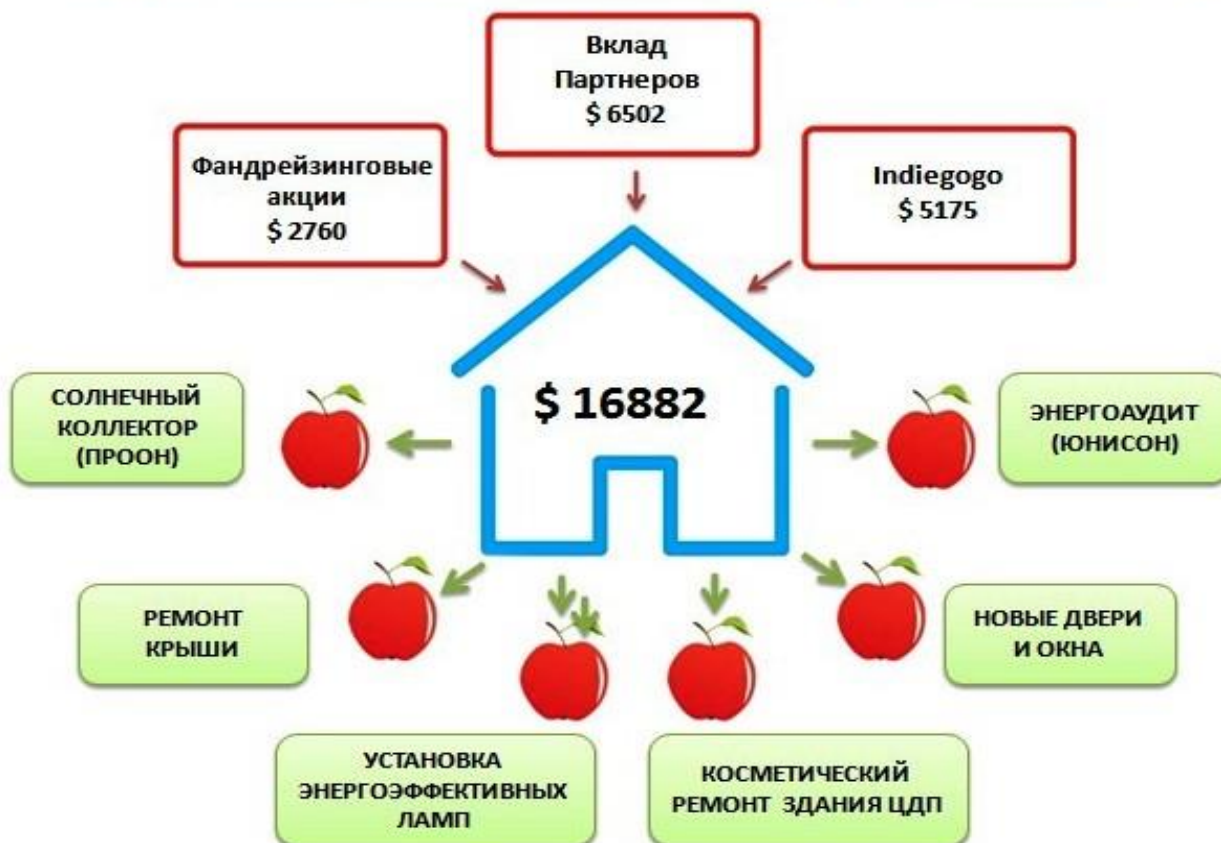




In partnership with the United Nations Development Programme has been successfully implemented first crowdfunding campaign "Give a warm elderly!"



#### ФАНДРЕЙЗИНГОВАЯ ДЕЯТЕЛЬНОСТЬ ПО СБОРУ СРЕДСТВ ДЛЯ УТЕПЛЕНИЯ ЗДАНИЯ ЦДП



## **MASS MEDIA ON US:**

«Проблемы пожилых людей в Кыргызстане»

<https://www.facebook.com/on1kg/videos/1695301457463672/>

«О пожилых людях в КР»

<http://respub.kg/2016/10/01/1266/>

Ярмарка-Выставка 1 октября

[http://www.vb.kg/doc/348014\\_v\\_bishkeke\\_proshla\\_socialnaia\\_iarmarka\\_izdeliy\\_pojilyh\\_lyudej.html](http://www.vb.kg/doc/348014_v_bishkeke_proshla_socialnaia_iarmarka_izdeliy_pojilyh_lyudej.html)

<http://ru.sputnik.kg/society/20160930/1029482051/yarmarka-izdelij-pozhilyh-lyudej.html>

«День пожилых людей»

<http://respub.kg/2016/10/02/vypusk-13-den-pozhilyx-lyudej/>

Когда такое было, чтобы кыргызы бросали своих стариков?

<http://ru.sputnik.kg/society/20161025/1029896582/intervyu-s-volonterom-iz-balykchi-svetlanoj-bashtovenko.html>

15 июня — Всемирный день распространения информации о злоупотреблениях в отношении пожилых людей: Пожилые родители стали жертвой насилия собственного сына

[http://zanoza.kg/doc/339562\\_ymerla\\_pojilaia\\_jenshina\\_kotoraia\\_nedelu\\_byla\\_zaperta\\_doma\\_bez\\_vody\\_i\\_edy.html](http://zanoza.kg/doc/339562_ymerla_pojilaia_jenshina_kotoraia_nedelu_byla_zaperta_doma_bez_vody_i_edy.html)

“Ударим рок-музыкой по старению. В КР участники конференции провели флешмоб»

[http://www.vb.kg/doc/352117\\_ydarim\\_rok\\_myzykoy\\_po\\_stareniu\\_v\\_kr\\_ychastniki\\_konferencii\\_proveli\\_fleshmob.html](http://www.vb.kg/doc/352117_ydarim_rok_myzykoy_po_stareniu_v_kr_ychastniki_konferencii_proveli_fleshmob.html)

<https://www.facebook.com/kyrgyzstanrce/posts/1054752157984028>

Эксперты прогнозируют сокращение трудоспособного населения в Кыргызстане к 2030 году”

<http://knews.kg/2016/12/eksperty-prognoziruyut-sokrashhenie-trudosposobnogo-naseleniya-v-kyrgyzstane-k-2030-godu/>

<http://ru.kabar.kg/rus/society/full/115104>

14 ноября Всемирный день борьбы с диабетом

[http://www.vb.kg/doc/350360\\_vmeste\\_my\\_silnee:\\_v\\_bishkeke\\_proshla\\_akcia\\_ko\\_vsemirnomy\\_dnu\\_diabeta.html](http://www.vb.kg/doc/350360_vmeste_my_silnee:_v_bishkeke_proshla_akcia_ko_vsemirnomy_dnu_diabeta.html)

[http://24.kg/zdorove/39670\\_borba\\_s\\_diabetom\\_pouchastvuy\\_vo\\_fleshmobe/](http://24.kg/zdorove/39670_borba_s_diabetom_pouchastvuy_vo_fleshmobe/)

<http://zdorovie.akipress.org/news:1343317>

Сахарный диабет

[http://www.vb.kg/doc/350152\\_press\\_centr\\_vb:\\_o\\_probleme\\_saharnogo\\_diabeta\\_v\\_kyrgyzstane.html](http://www.vb.kg/doc/350152_press_centr_vb:_o_probleme_saharnogo_diabeta_v_kyrgyzstane.html)

<http://knews.kg/2016/11/bishkekchanka-bolnym-diabetom-v-bolnitsah-vydayut-prosrochennye-lekarstva/>

<http://presscenter.akipress.org/news:26535?from=portal&place=last>

Социальный опрос- сахарный диабет

[http://www.vb.kg/doc/350232\\_opros:\\_chto\\_bishkekchane\\_znaut\\_o\\_saharnom\\_diabete.html](http://www.vb.kg/doc/350232_opros:_chto_bishkekchane_znaut_o_saharnom_diabete.html)

[http://www.vb.kg/doc/350208\\_saharnyy\\_diabet.\\_chto\\_nyjno\\_znat\\_o\\_bolezni.html](http://www.vb.kg/doc/350208_saharnyy_diabet._chto_nyjno_znat_o_bolezni.html)